

# The Twig Bender



#### October 2023

## A Message from Pastor TaeWon

t's October! Time goes fast. Summer is gone, already. The season of fall begins. As we know, the season of fall is the time to harvest, while summer is the time to grow. Therefore, the season of fall has various things to celebrate: harvests and give praise and thanks to the God of life. I hope and pray that all People of Greenwood may not only have abundant blessings from God but also be filled with joy and thankfulness.

In October, we have special things. The first of these is World Communion Sunday on October 1. We cannot count exactly how many churches are in the world. However, we simply know that all churches and all Christians believe in the One Lord Jesus Christ. World Communion Sunday is the day for all churches and Christians in the world to celebrate God's saving acts through Jesus Christ and to remember Jesus' sacrificial life. Each church is different; however, every church is

one in the Name of Jesus, the Christ and the Son of living God. I hope and pray that we, Sunday Greenwood UMC, will be able to see the Whole Church beyond an individual local church boundary.

The Church has been understood as the Body of Christ. Individual churches are like parts of the Whole Church. As we see our body, we easily sense that the parts — visible and invisible — are one body, connected

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to each other. On Sunday, Oct. 15, we will have the Charge Conference
with other churches in our area. We will have a chance to hear about
other churches' missions and ministries. The Charge Conference cele-
brates what we have done throughout the year. It also is the time to
announce what we will be doing for God's kingdom throughout the
next year. I encourage you to attend the charge conference. It will be
an opportunity to clarify that we are not alone but together belonging
to One Body – Jesus Christ.

Our vision of Greenwood UMC is summarized in three key-

(<u>Continued</u> on page 2)

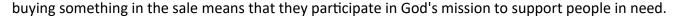
#### Greenwood Prayer Ministry

Our Nation

The People of Greenwood and Our Mission Projects
June Brewster, Phyllis Clark, Roger Eckwright,
Bubba Harris, Lori Lohr, Frances Lowery, Riley Patteson, Lacye Ryan,
Juanita Sharpe, Robbie Smith, Frances Stalnaker, Bob Stapleton,
Tom and Lucy Stephens, Lawrence Stout, Catherine Wallace

### A Message from Pastor TaeWon

words: "loving, growing, and serving." It is not just for those inside the church. We are called to go beyond the wall of our church to those who live outside the wall. On Saturday, Oct. 21, we will hold our Brunswick Stew Sale and Fall Fair in our church parking lot and yard. See the article on page 5. I believe that this event will please God and make us joyful. I encourage you to participate in this annual Greenwood tradition and to invite your family, friends and neighbors. You can let them visit with our church people. Inviting and bringing people to the sale will provide an opportunity for the unchurched to make their steps near the Church as the body of Christ. Also,



And, lastly, we will observe the day before All Saints Day – Halloween – on the last day of October. On All Saints Day we celebrate and remember all those who finished their course in faith on earth and departed to heaven. Halloween is a day not just for the treats for children but for all of us who remember our beloved ones who dwell in the eternal presence of God in faith. On Halloween, when we make a joyful noise "Trick or Treat" for and with our children, we may be joyfully aware that we are not alone but together with all our Saints. We on earth are one with the cloud of witnesses in heaven.

People of Greenwood, we are not alone, but together. We are one in Christ Jesus. We are one in mission and ministry in the name of Jesus Christ. Jesus Christ needs you always for God's mission to save all and make God's kingdom on earth. If you know those who are unchurched, please invite and bring them to the Church as the body of Christ Jesus. God bless you all. Amen.



## Tuesday Prayer Call

8 a.m. every Tuesday Dial in at (605) 313-5873, enter access code: 3108329, press #. Please mute your phone unless you're adding a prayer.



Greenwood's
October
Communion Offering





## Seasons Change Brings Hope

#### By Lori Lohr

As another warm, fun-filled summer fades away and we experience the crisp, cool mornings associated with fall, I find myself thinking about the transformation that happens as the seasons change. The leaves

turn color and eventually fall off. Fall gives way to winter, which brings cold and snowy weather – nothing is as it was just six months ago. Then just a few months later, winter turns to spring, and we look forward to the promise of warm sunshine and beautiful flowers ... and that summer is right around the corner!



Sometimes we have to put up with the leaves falling off and the cold, snowy weather to get to the warm sunshine,

beautiful flowers and the promise of another fun-filled summer. I feel like my life is in this transition period currently.

Some of you may not know my story and wonder "why is Lori always on the prayer list?" It's because I'm a complete mess and I need as much prayer as I can possibly get ... but all jokes aside, here's why:

I was diagnosed with end stage renal (kidney) disease in 2019. Years of diabetes, poor choices, and the multiple surgeries, seizures, and strokes that I had in 2018 and 2019 basically killed my kidneys. I've been on dialysis full time, three days per week, for over three years now. It can be grueling and exhausting, but there have been some really good things that have come from this process.

I have gone through many stages – denial, anger, frustration, acceptance, anger again, and compliance – just to name a few. I'm currently in the season of acceptance and compliance. I thank God for that every day. I've accepted that my kidneys won't magically "bounce back" and that I won't have to do dialysis any longer. I've also accepted that I cannot always control some of the things that affect kidney disease, but I can do small things that benefit me at the end of the day.

I am in the best health of my adult life. My diabetes is under tight control, my blood pressure stays in the proper range, I no longer suffer from anemia, and my lab work is consistently on point. I comply with a strict fluid restriction of 32 ounces per day. (That's the same amount as a Big Gulp, if you're wondering.) I do my best to eat a healthy diet. It's certainly not easy, and I am in no way perfect, but it can be done. I'm living proof.

That hard work is about to pay off in a major way very soon! I am on the list to receive both a kidney and a pancreas transplant at VCU Medical Center. I'm on a list of less than 20 people, and my chances are good for this dual transplant to happen very soon.

(Continued on page 4)



### Season Changes Bring Hope

(Continued from page 3)

Sometimes we have to put up with the leaves falling off and the cold, snowy weather to get to the warm sunshine, beautiful flowers, and the promise of another fun-filled summer. The leaves have fallen off, I've endured cold and snowy weather, and I'm currently enjoying the warm sunshine and beautiful flowers. The promise of a fun-filled summer is right around the corner!

God has been there with me through all these season changes, and the prayers and support from my church family will not be forgotten. It is my hope and prayer that God is with you through all the season changes in your life.



#### Greenwood Learning Center

## Getting Ready for October

By Trish Hayes, GLC Lead

October is here and the kids are all excited about dressing up for Halloween and our annual Brunswick Stew Sale and Fall Fair.

Once again this year we are planning on hand making Christmas ornaments and making our homemade "Pumpkin and Honey" dog treats and selling them at the Stew Sale.

We are planning on taking a tour of the Henrico Animal Shelter this month and taking them a batch of

our famous dog treats along with us.

As always thank you for your time and support!

Big Smiles, Miss Trish.







## Brunswick Stew Sale and Fall Fair

By Glenda and Steve Stalnaker

Food, family, fellowship, fun on Saturday, Oct. 21: this year's version of Greenwood's popular fall fund raising event: the Brunswick Stew Sale and Fall Fair.

Stewmaster Harry Shuler will be supervising the Brunswick Stew cooking as always. Stew Prep begins



at 10 a.m. on Friday, Oct. 20 in the Greenwood Fellowship Hall kitchen. Stew stirring starts at 12:30 a.m. on Saturday. Volunteers to cut up veggies for the stew and to stir the stew as it cooks in the wee hours of Saturday morning are welcome. See Harry to volunteer.

This year, we'll be selling our world-famous Brunswick Stew at \$10/quart. Order yours in advance using the form on page 15 or contact the church office at 804-266-5341 or email <a href="mailto:admin@gumcva.org">admin@gumcva.org</a>. Reserve yours by noon on Friday, Oct. 20. Last year we made 406 quarts and sold out early. Harry has already gotten commitments for 40 quarts, so don't wait and miss out.

A new feature this year is a yard sale sponsored by Aggie's Attic. Susan Johnston, Aggie's Attic Mission Coordinator asks that yard sale donations be brought to the Education Building by Wednesday Oct. 19.

Other Fall Fair favorites returning this year include the Silent Auction sponsored by the Willing Workers Circle and a Bake Sale.

Bring your Silent Auction donations to the Fellowship Hall by 10 a.m. on Friday, Oct. 20 with a recommended starting bid attached. Also have your Bake Sale items in the Fellowship Hall by 8 a.m. on the day of the Fair.

The *Twig Bender* encourages all the People of Greenwood to get involved in this once-a-year fun event. Donate your time, your talents, stuff for the yard sale, baked goods, Silent Auction items and help make the stew. All the profits go to support Greenwood's missions, outreach and church expenses.

# GREENWOOD ON FACEBOOK: WWW.FACEBOOK.COM/GUMCVA



#### Twig Bender in Living Color

Feedback on printing in color the paper *Twig Bender* is positive, so we're forging ahead. It does cost extra to print in color, so we're soliciting groups to pay for each month's color print run. **This month's color** *Twig Bender* **is sponsored by the Men's Breakfast Group**.



#### WALMART GIFT CARDS WANTED

by Juanita Wade and Adamarye Patterson

The women of the Ruth Circle are asking for help procuring 15 twenty-dollar Walmart gift cards to help provide a brighter Christmas for those children in Virginia who have one or both parents incarcerated.

Walmart

Please give any Walmart gift cards you purchase directly to Juanita Wade or Adamarye Patteson. These cards will go to Kingsway Prison and Family Outreach in Harrisonburg, Virginia.

Remember, the goal is 15, if we get more that is even better! Please bring your donated Walmart gift cards to Greenwood by Sunday, Oct. 29. Kingsway Prison and Family Outreach will shop for the younger children instead of sending them gift cards. If you prefer to donate money so others can purchase cards for you, please feel free to do so.

We want to thank all those members of the Ruth Circle and others for volunteering to get items for the Blessing Bags. These items are due at Greenwood no later than Nov. 19 – earlier if possible. Due to the generosity of our volunteers, we do not need any additional items for the Blessing Bags.



# October Meetings:



#### Medicare Update

#### Prevent Fraud

By the Medicare Team

The best way to stop Medicare fraud? Help prevent it in the first place. Follow these 3 tips to protect yourself from scammers:

If you get a call, text or email asking for your Medicare Number, don't respond. Don't give your Medicare card or Medicare Number to anyone except your doctor or people you know should have it. Remember, Medicare will never call you unprompted and ask you for your personal information.

Check your Medicare Summary Notices (MSNs) or claims statements carefully. If you see a charge for a

service you didn't get or a product you didn't order (like a COVID-19 over-the-counter test), it may be fraud.

If you suspect fraud, report it at 1-800-MEDICARE (1-800-633-4227). Visit Medicare.gov, the official source for Medicare information, to learn more about preventing Medicare fraud.



#### Greenwood's Women's Circles



**THE RUTH CIRCLE** will meet Tuesday, Oct. 3 in the home of Jean Mowatt at 1 p.m.

**THE WILLING WORKERS CIRCLE** meets at 5:30 p.m. on Thursday, Oct. 5 at the church. We will be preparing for the Silent Auction at the Brunswick Stew and Fall Fair on Saturday, Oct. 21.

#### Greenwood Stewardship

Greenwood depends upon the generous giving of its people, not only for mission work and outreach but for more mundane things like keeping the lights on and paying for heating oil. As you plan your giving, consider what the Apostle Paul wrote in 2 Corinthians 9:7—8.

At right is last month's attendance and giving.

Greenwood Stewardship					
September 2023					
Date	Present	Giving			
Sept. 3	32	\$2,986			
Sept. 10	30	\$1,980			
Sept. 17	24	\$1,927			
Sept. 24	28	\$1,721			



#### **Food Donation Connection**

Ministry coordinator Adamarye Patteson writes: "We served 64 families in August. I would like to thank everyone who has brought cereal and canned fruit for our Friday give outs. The clients really have appreciated it."

#### October Pick Up Rotation

- Wednesday, Oct. 4: Jean Mowatt and Lori Lohr; Thursday, Oct. 5: Susan Johnston; Friday, Oct. 6: James Calderone.
- Wednesday, Oct. 11: Charley Banks; Thursday, Oct. 12: Gay and Bob Stapleton; Friday, Oct. 13: Glenda and Steve Stalnaker.
- Wednesday, Oct. 18: Jean Mowatt and Lori Lohr; Thursday, Oct. 19: Susan Johnston; Friday, Oct. 20: James Calderone.
- Wednesday, Oct. 25: Charley Banks; Thursday, Oct. 26: Gay and Bob Stapleton; Friday, Oct. 27: Glenda and Steve Stalnaker.





#### OCTOBER SCRIPTURES

Oct. 1	Exodus 17:1-7; Psalm 78:1-4, 12-16; Philippians 2:1-13; Matthew 21:23-32.
Oct. 8	Exodus 20:1-4, 7-9, 12-20; Psalm 19; Philippians 3:4b-14; Matthew 21:33-46.
Oct. 15	Exodus 32:1-14; Psalm 106:1-6, 19-23; Philippians 4:1-9; Matthew 22:1-14.
Oct. 22	Exodus 33:12-23; Psalm 99; 1 Thessalonians 1:1-10; Matthew 22:15-22.
Oct. 29	Deuteronomy 34:1-12; Psalm 90:1-6, 13-17; 1 Thessalonians 2:1-8; Matthew 22:34-46.



# Greenwood Ministry Opportunities

Opportunities to use your spiritual gifts in support of Greenwood's ministries abound. Here are some of our ministries and whom you can contact to help out.

MINISTRY	CONTACT	PHONE
Aggie's Attic	Susan Johnston	804-515-5652
After School Volunteer	Trish Hayes	804-704-2566
Audio & Visual Media	Steve Stalnaker	804-513-8397
Greenwood Choir	Lewis Daniel	804-614-8153
Church Office Volunteer	Gay Stapleton	804-672-8408
Community Outreach	Rev. TaeWon Kang	804-266-5341
Finance Committee	Adamarye Patteson	804-266-6364
Food Donation Connection	Adamarye Patteson	804-266-6364
Greeters & Hospitality	Roger Eckwright	804-572-4282
Groundskeepers	Bob Stapleton	804-672-8408
Liturgist	Lewis Daniel	804-614-8153
Men's Breakfast	Charley Banks	804-513-5417
Offering Counters	Nancy Lloyd	804-339-9013
Prayer Chain	Glenda Stalnaker	804-755-6767
Ruth Circle	Adamarye Patteson	804-266-6364
Social Media	Steve Stalnaker	804-513-8397
Trustees	Bob Stapleton	804-672-8408
Twig Bender Newsletter	Steve Stalnaker	804-513-8397
Willing Workers Circle	Glenda Stalnaker	804-755-6767





### Sign Up for Altar Flowers

Don't forget the flower calendar posted in the back hall. You're invited to donate altar flowers in memory of or in honor of, those you'd like to remember.

Cost of the altar flowers is \$20; please pay in advance.



## **Greenwood Church Family** Birthdays



Finnley Loving	10/4	Amy Yeary	10/21
David Stanley	10/6	Taylor Stapleton	10/22
John Butler	10/13	Juanita Wade	10/22
Carlos Rios	10/15	Kimberly Shuler	10/26
David Shuler	10/20	Charley Banks	10/31



#### **Anniversaries**

TaeWon Kang & MiRhang Baek	10/9
Jim & Lorrie Bowie	10/18
Tom & Lucy Stephens	10/25

Don't see your birthday or wedding anniversary in The Twig Bender and would like to have us publish it? Send your dates to admin@qumcva.org or call the church office at 804-266-5341; likewise, let us know if you'd like your birthday or anniversary removed.

**Aggie's Attic** — a Greenwood UMC Mission Project 6913 Lakeside Avenue, Henrico, 804-921-9385 Hours: Wednesday through Saturday 11 a.m. — 4 p.m. Click here for Aggie's Facebook page.





#### The Twig Bender

is a publication of Greenwood United Methodist Church

Office Phone: 804-266-5341

Office email: admin@gumcva.org

10040 Greenwood Road, Glen Allen, VA 23060

Worship: 11 a.m. Sunday

Pastor: The Reverend TaeWon Kang Phone: 470-728-9060

Email: PastorTaeWonKang@gmail.com

9 a.m. — 1 p.m. Tues. — Fri. Church Office hours: 804-266-2019

Education Building Phone: 804-266-6668

Lay Leader: Lewis Daniel **Musical Accompanist** Joseph Maher Twig Bender editor: Steve Stalnaker Web site: www.gumcva.org

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# Greenwood United Methodist Church



# October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 World Com- munion Sun- day 9:30 a.m. Sun- day School 11 a.m. Worship	Farm Animals Day	3 8 a.m. Prayer Call 1 p.m. Ruth Cir- cle 6:30 p.m. Fi-	4 Taco Day 7 p.m. Nominations Committee	5 5:30 p.m. Willing Workers 6:30 p.m. Choir Practice	6 6 p.m. Food Dis- tribution	7 8 a.m. Men's Breakfast
		nance Com- mittee	8		70mafo HAM	MEN'S BREAKFAST
8 9:30 a.m. Sunday School 11 a.m. Worship	9 Columbus Day Indigenous Peo- ples Day	10 8 a.m. Prayer Call	11 Yom Kippur	12 6:30 p.m. Choir Practice 7 p.m. Richmond Beekeepers	13 6 p.m. Food Distribution	14 Nat'l Dessert Day
13 13 13	THE STREET					
9:30 a.m. Sunday School 11 a.m. Worship 4 p.m. Charge Conference	16 Dictionary Day	17 8 a.m. Prayer Call	18 Mammography Day	6:30 p.m. Choir Practice	20 6 p.m. Food Dis- tribution	21 Battle of Trafalgar 1805 9 a.m. Brunswick Stew Sale & Fall Fair
	MONAY					
9:30 a.m. Sunday School 11 a.m. Worship	23 Mole Day	24 United Nations Day 8 a.m. Prayer	25 World Pasta Day	26 6:30 p.m. Choir Practice	27 6 p.m. Food Distribution	28 Nat'l Chocolate Day
44		Call			Friendshi	p Quilters
29 9:30 a.m. Sunday School 11 a.m. Worship	30 Candy Corn Day	31 Halloween 8 a.m. Prayer Call		OBER IS		
12:15 p.m. Pick Up Bag Lunch- es			ADO	PT A SI MOI		D06



#### Mark Your Calendars

All Saints Day	Nov. 1
Election Day	Nov. 7
Church Administrative Council	Nov. 21
Veterans Day	Nov. 11
Thanksgiving Day	Nov. 23
First Sunday of Advent	Dec. 3
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#### **Greenwood UMC Mission**

The mission of The United Methodist Church is to make disciples of Jesus Christ for the transformation of the world. — Matt. 28:19

Greenwood Vision				
Loving		Growing		Serving
Learning to love and connect with God and People	<i>&gt;&gt;</i>	Acquiring tools for being trans- formed into the image of	<i>»</i>	Participating in church ministry and community outreach





Open hearts. Open minds. Open doors.

The people of The United Methodist Church™

