



Our Nation

Those Affected by COVID19
The Greenwood Learning
Center
Our homebound and
Shut-in members
Our church leaders
Denise Janssen and
Randy Creath
Lori Lohr

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September Is National Hunger Action Month

By Linda Walker

September 2020 has been designated as National Hunger Action Month by the Society of St. Andrew. This society uses volunteers to enter fields after farmers have finished harvesting and pick up the food that is left behind. They package and transport the produce to feed hungry people.

Annually the Society of St. Andrew volunteers normally glean over a million pounds of a wide variety of produce in Virginia. The group operates across America, with its main office in Big Island, near Lynchburg, VA.

The Society of St. Andrew is named after Andrew in the Bible. The Gospel of John tells us that Andrew was the disciple who brought a boy to Jesus with some small fish and a few loaves of bread. This food fed thousands after Jesus blessed it. The Society finds abundance where others see scarcity and they use that abundance to feed all who are hungry.

During National Hunger Action Month the Society

challenges us to deepen our spiritual life as we reflect and take action to end

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From the Pastor

What Are We Eating?

What are we eating? Over the past five months this is the most frequent question asked in my house. Although there is food in the fridge and on the shelf, the dilemma becomes figuring out what to cook.

We do not do meal planning or prepare meals in advance. Depending on the time of day we may not feel like cooking. And on several occasions, we have opted to just order food or eat snacks and dessert instead. When we do not plan what we are going to eat, we risk feeding our hunger with the wrong things and in the wrong way. We end up spending more money on food than we should; and the nutritional value of take-out is significantly less than a fresh home cooked meal. Our appetite, a sweet tooth, laziness, gluttony, self-control, emotional eating, all play a role in what and how we consume food when we are hungry.

What and how we consume food when we are hungry says something about our discipline or the lack of it. And if we are going to be good stewards of our bodies and our minds, we must become disciplined in our consumption and proactive about what and how we feed hunger and make better choices in our eating.



Many of us may need to evaluate if we are truly hungry for food or resorting to emotional eating in this COVID-19 season. Making this determination will help us

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*Our September Communion
Offering Goes to
The Society of St. Andrew*

Changes to In-Person Worship

By Lewis Daniel

Greenwood's Healthy Church Team (HCT) wants to make you aware of some updates regarding in-person worship.

Revisions have been made to the health questionnaire that we have been asking you to complete prior to joining us in the sanctuary for worship. Those revisions are reflected in the poster that you see when you come into the entryway of the church and are also available online at:



<https://www.evc.vaumc.org/open/worshipregistration/Index.cfm>

If you agree to abide by the conditions as outlined on that poster and will make sure that the greeter has your name and phone number, that is all that is required for in person worship, along with wearing a mask and practicing social distancing.

Secondly, if after attending an event at Greenwood, you start exhibiting two or more of the symptoms of Covid-19, the church expects that you will:

1. Get medical attention.
2. Avoid contact with others.
3. Notify Pastor Josette.

Your health information will remain confidential and be reviewed only by the pastor.

For a further level of safety, starting Aug. 23, we began conducting forehead temperature checks with a no-touch thermometer as you come in, just like the ones some of you have been doing at your local doctor or dentist's office.

If you have a question or concerns please see Pastor Josette.



After School Ministry Update Greenwood Learning Center

By Steve Stalnaker

Greenwood's After School Ministry is becoming the Greenwood Learning Center (GLC).

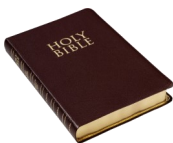
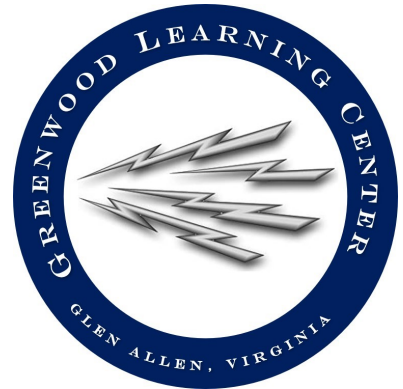
Because Henrico County Public Schools (HCPS) have decided to go to completely virtual classes for the first nine weeks of the 2020 school year, the ASM has adjusted its concept to accommodate these children.

GLC will provide a safe, supervised, Wi-Fi enabled place for children of parents who work outside the home and can't be at home to supervise their children's HCPS distance learning. Trish Hayes and Porter Schermerhorn will be lead teachers in this program.

The Learning Center be able to accommodate ten children grades K through 3rd, while still practicing social distancing. Hours will be 7:30 a.m. to 5:30 p.m., Monday through Friday. Tuition is \$175 per week per child. There will also be a non-refundable \$50 per child enrollment fee.

For more information, or to obtain an enrollment application, please call the Greenwood church office at 804-266-5341 or email GLC at admin@gumcva.org.

Please pass this information on to your friends and neighbors with K — 3rd children, and please keep this program, our students and staff in your prayers as we continue moving forward with the Greenwood Learning Center.



Bible Study Starts this Month

Join Pastor Josette for a study of the Book of James, starting Thursday, Sep. 17 on Zoom/Facebook Live. Watch the church website, the Quarantine Quips and our Facebook page for start time, Zoom log in, etc.

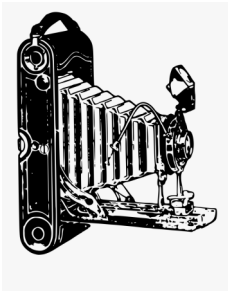
Donate to a Photo History Book

Do you have any historical photographs of Greenwood and/or its people and events ?

A former member of the Greenwood church family, Cary Holladay, needs your photo contributions for a book about Glen Allen's history to be published by Arcadia Publishing in their "Images of America" series.

Cary says: "this book will be a pictorial history, featuring vintage photos. Contributed photos will be key to the book. Pictures of people, events, landmarks, businesses, churches and attractions would be great. Those that include friends and family members would be even better. I hope to gather pictures of Glen Allenites at work, at play, in school, and in church, throughout the years."

Pictures need to be original images, scanned at 300 dpi resolution. If contributors would rather mail the pictures to her, Cary will scan and then return the photos them to their owners. All contributors will be gratefully acknowledged and will retain ownership of their pictures.



"I have a personal connection to Glen Allen," Cary writes. "From 1959-1969, as a child, I lived on Mountain Road with my parents, George and Catharine Holladay, and my two sisters. For several years, we were members of Greenwood Methodist. I remember the great big front steps! I attended the Glen Allen School, became a teacher and a writer, and have just retired from

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Greenwood's Women's Circles

The Willing Workers Circle will meet in Mary Cullom's home on Thursday, Sep. 3 at 6:30 p.m. to discuss plans for the future.

The Ruth Circle has opted to wait until October for their next meeting.



A Memorable Senior Moment

From the Internet

Having completed her shopping, an elderly Florida lady, returning to her car found four males in the act of leaving with her vehicle.



She dropped her shopping bags and drew her handgun, and screamed at the top of her lungs, "I have a gun, and I know how to use it! Get out of the car!" The four men didn't wait for a second threat. They got out and ran like mad.

The lady, somewhat shaken, then proceeded to load her shopping bags into the back of the car and got into the driver's seat. She was so shaken that she could not get her key into the ignition and didn't notice the football, Frisbee and two 12-packs of beer in the back seat.

She tried and tried, and then she realized why her key wouldn't fit. A few minutes later, she found her own car parked four or five spaces farther down.

She loaded her bags into her own car and drove to the police station to report her mistake.

The sergeant to whom she told the story couldn't stop laughing. He pointed to the other end of the station counter, where four pale men were reporting a carjacking by a mad, elderly woman described as white, less than five feet tall, glasses and curly white hair carrying a large handgun.

No charges were filed.

The moral of the story?

If you're going to have a senior moment... make it a memorable one.

(p.s. from Editor: if you own or acquire any firearm, learn how to use it, learn the laws regarding it, practice gun safety and remember which car is yours.)



From the Editor

Zooming Along

By Steve Stalnaker

Readers know that I'm big on getting – and giving – feedback. As we've been working our way through the issues of blending in-person and virtual worship, readers have been great about giving us feedback about how we're doing. Those inputs are most appreciated and many of our readers' suggestions have been implemented.



Some of the feedback we've gotten has suggested that we quit doing virtual worship in conjunction with in-person worship. In other words, dispense with Zoom and Facebook Live. I'm not sure I understand that.

What would people expect of in-person worship if we weren't simulcasting the service over Zoom, Facebook Live and the telephone? If we dispensed with virtual worship, I can't see how that would make the current in-person worship any different. There have been some audio and feedback issues that could distract the congregation in the Sanctuary, but we're getting a good handle on those and hopefully we'll have fewer distractions going forward.

With or without Zoom, there would be no congregational hymn singing with in-person worship. Giving of our tithes and offerings would still be in the narthex as we leave the service, as would Communion elements.

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Sunday Combined Virtual Worship

Every Sunday at 11 a.m. on Zoom or dial 301-715-8592

Meeting ID: 829 5710 1589; password: 929829

Also on Facebook Live



Wednesday Prayer Call

Every Wednesday, 6 to 6:15 a.m. also on Zoom or dial +1-301-715-8592

Meeting ID: 851 1374 4202; password: 452446

Food Donation Connection

September Pick Up Rotation

Thanks to everyone who has been bringing in canned goods and fresh vegetables. Fresh vegetables are the first things to go. Bring your donations to the church office Tuesday through Friday. 9 a.m. to 1 p.m.



Wednesday, Sep. 2: Charley Banks; Thursday, Sep. 3: Susan Johnston and Lewis Daniel; Friday, Sep. 4: Adamarye Patteson.

Wednesday, Sep. 9: Jean Mowatt and William Gibbs; Thursday, Sep. 10: Susan Johnston and Lewis Daniel; Friday, Sep. 11: Carolyn and Ray Smith.

Wednesday, Sep. 16: Charley Banks; Thursday, Sep. 17: Susan Johnston and Lewis Daniel; Friday, Sep. 18: Trish Hayes.

Wednesday, Sep. 23: Jean Mowatt and William Gibbs; Thursday, Sep. 24: Susan Johnston and Lewis Daniel; Friday, Sep. 25: Adamarye Patteson.

Wednesday, Sep. 30: Charley Banks; Thursday, Oct. 1: Susan Johnston and Lewis Daniel; Friday, Oct. 2: Carolyn and Ray Smith.



Society of St. Andrew

GLEANING AMERICA'S FIELDS ~ FEEDING AMERICA'S HUNGRY

Hunger Action Month

(Continued from page 1)

hunger in our community and across the country. Here are some ways we can all help:

Pray for those in our community who struggle to put food on their tables. Pray for a better future for our hungry neighbors. Carry them to the Lord in prayer. Consider making a donation to the Society of St. Andrew. Greenwood UMC's September communion offering will go to the Society.

Donate time as a volunteer with the Society. To learn more you can visit their website at <https://endhunger.org/>.

In partnership with the Food Donation Connection Greenwood UMC picks up surplus food from local businesses and distributes it to hungry neighbors. You can help by volunteering to pick up the food and to deliver it to the church. Also, you can bring canned goods and fresh fruits and vegetables to the church office Tuesday through Friday from 9:00 a.m. to 1:00 p.m. All the food is handed out on Friday evenings.

Biltmore Baptist Church (1300 New York Avenue in Glen Allen) has set up a "Blessings Box" – an outdoor food pantry. They attached a cabinet to the front of one of their buildings. It is open 24/7. Everyone is invited to place non-perishable items in the cabinet, and anyone who needs food is welcome to take what they need.

As we read in 1 John 3:18: "Our love should not be just words and talk; it must be true love, which shows itself in action."



Virtual Worship Services



(Continued from page 7)

There would still be no bulletins or other physical handouts. Bibles, hymnals and prayer cards would still not be available in the pews. We would still have to be practicing social distancing and we'd still have to wear masks.

We'd still expect folks to provide certification that they hadn't been exposed to COVID.

Virtual worship, using steadily improving technology like Zoom, is going to be a fact of life for some time to come, whether we like it or not.

I think someone would be hard pressed these days to find a worship service that's not being broadcast or otherwise communicated electronically. Some of this technology has been around for a long time. My 91 year old Mom still watches virtual worship from her old church in Norman, OK from her new home in Destin, FL.

This opinion piece isn't meant to discourage feedback. I'd be happy to hear why anyone thinks Zoom detracts from our in-person worship. Let us know what you think.

See and/or hear you in church.

Be Prepared — Read the Scriptures September Lectionary Readings

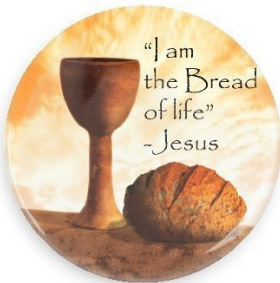
Sep. 6	Exodus 12:1-14; Psalm 149 or Psalm 148; Romans 13:8-14; Matthew 18:15-20
Sep. 13	Exodus 14:19-31; Exodus 15:1b-11, 20-21; Romans 14:1-12; Matthew 18:21-35
Sep. 20	Exodus 16:2-15; Psalm 105:1-6, 37-45 or Psalm 78; Philippians 1:21-30; Matthew 20:1-16
Sep. 27	Exodus 17:1-7; Psalm 78:1-4, 12-16; Philippians 2:1-13; Matthew 21:23-32

Spiritual Food Satisfies

(Continued from page 2)

eliminate eating the wrong things, ordering out, or overeating.

If we find emotional eating is happening, then spiritual hunger may very well be the culprit. When emotions are high and out of control because of loneliness, depression or the need for a distraction, Jesus' words and prayer are exactly what we need, not a trip to the refrigerator or a take-out menu.



Jesus said in his sermon in Matthew 5, "Blessed are those who hunger and thirst for righteousness, for they will be filled." Jesus wants to bless us in the places and spaces where we feel empty. Emotional eating cannot satisfy. Only spiritual food can satisfy. When you feel empty and all you can think about is eating something, stop where you are and pray. Jesus is with you and he cares about what is causing you to eat your emotions. His love and peace which passes all understanding will guard your heart and your mind.

Tell Jesus all about what you are feeling and the hunger pain of your heart. Ask him to fill the empty spaces and help you make the right choices when you just want to eat something. He alone can fill you to overflowing and satisfy the emptiness. Jesus is the bread of life, and his word satiates spiritual hunger.

So, when your emotions are getting the best of you and food is tempting, read the word and pray. Allow Jesus to feed you. Then get up and drink a tall glass of water.

Pastor Josette Franklin

**Greenwood/Laurel Park
Charge Conference
Sunday, Oct. 4, 2020
On Zoom**



September Grass Cutting Detail

Your Trustees have established a volunteer rotation for cutting the grass on the church grounds this summer. This month's schedule is:

- Week of August 31:Harry Shuler
- Week of September 7:Bob Stapleton
- Week of September 14:Lewis Daniel
- Week of September 21:Steve Stalnaker
- Week of September 28:Harry Shuler



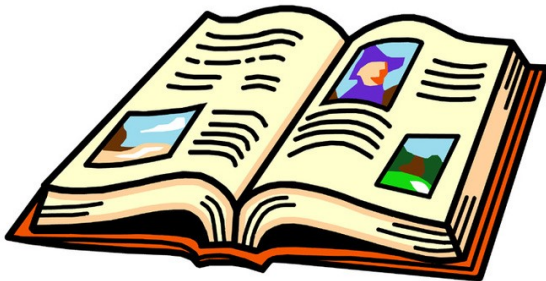
If anyone else would like to help with this summer's grass cutting, please give Bob Stapleton a call at 804-672-8408. Thank you from your Trustees.

Got Any Old Photos?

(Continued from page 5)

the University of Memphis, where I directed the creative writing program."

This photo history is expected in late 2021, so Cary needs your donated pictures by this time next year, Sep. 1, 2021.



Cary is in the process of moving. For a current mailing address, Interested photo donors can contact her at (540) 259-2743 or holladaycary@gmail.com

See Cary's website at <http://www.caryholladay.net/>. Interested readers can see more about Arcadia Publishing Company at www.arcadiapublishing.com/.



Greenwood Church Family Birthdays

Lewis Daniel	9/2	Maurice Hawkins.....	9/11
Leo Bray.....	9/3	Catherine Wallace	9/18
Mildred Walsh.....	9/6	William Gibbs	9/19
Glenda Stalnaker	9/8	Shelly Bowles.....	9/22

Anniversaries



David & Gail Stanley	9/25
Cindy Jo & Lewis Daniel	9/26

*Don't see your birthday or wedding anniversary in The Twig Bender and would like to have us publish it? Send your dates to admin@gumcva.org or call the church office at 804-266-5341; likewise, let us know if you'd like your birthday or anniversary **re-moved**.*



Twig Bender

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Virtual Worship: noon Sunday

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Greenwood UMC: September 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Emma M. Nutt Day 	2 WW II VJ Day 6 a.m. Prayer Call 	3 Skyscraper Day 6:30 p.m. Willing Workers Circle 	4 Newspaper Carrier Day 6 p.m. Free Food 	5 No Men's Breakfast
6 Communion Sunday 11 a.m. In-Person and Virtual Worship 	7 Labor Day 	8 Greenwood Learning Center opens 	9 Teddy Bear Day 6 a.m. Prayer Call 	10 Sewing Machine Day 	11 Patriot Day 6 p.m. Free Food 	12 Chocolate Milk-Shake Day 
13 Grandparents Day 11 a.m. In-Person and Virtual Worship 	14 Nat'l Cream-Filled Donut Day 	15 Felt Hat Day 	16 American Legion Day 6 a.m. Prayer Call 	17 Constitution Day 6:30 p.m. Bible Study 	18 Nat'l Cheeseburger Day 6 p.m. Free Food 	19 Virginia Annual Conference Virtual Gathering Rosh Hashanah Oktoberfest Begins
20 Nat'l Pepperoni Pizza Day 11 a.m. In-Person and Virtual Worship 	21 Int'l Peace Day 	22 Autumn Equinox Fall Begins 	23 6 a.m. Prayer Call 	24 Nat'l Cherries Jubilee Day 6:30 p.m. Bible Study 	25 Twig Bender Deadline 6 p.m. Free Food 	26 Nat'l Hunting and Fishing Day
27 11 a.m. In-Person and Virtual Worship 	28 Ask a Stupid Question Day ????? 	29 Confucius Day 	30 6 a.m. Prayer Call 	<div>  </div>		

Mark Your Calendars

Oct. 4.....	Charge Conference
Oct. 12.....	Columbus Day
Oct. 31.....	Halloween
Nov. 3.....	Election Day
Nov. 26.....	Thanksgiving Day
Nov. 29.....	Advent Begins
Dec. 7.....	Pearl Harbor Day
Dec. 24.....	Christmas Eve
Dec. 25.....	Christmas Day
Dec. 31.....	New Year's Eve

Greenwood's Vision

Loving

Learning to love and connect with God and People

»

Growing

Acquiring tools for being transformed into the image of Christ

»

Serving

Participating in church ministry and community outreach



SEE GREENWOOD ON FACEBOOK:
WWW.FACEBOOK.COM/GUMCVA

